

YMP PREDRAFT ORLANDO



THE SAME ELITE PROGRAM TRUSTED
BY TOP DRAFT PROSPECTS IS NOW
EXPANDING TO ORLANDO.

Yo Murphy Performance is officially expanding its NFL Combine and Pro Day Training program with the opening of YMP NFL Combine Training in Orlando, creating an additional training option for athletes preparing for the next level.

All NFL Combine and Pro Day training at the Orlando location will encompass the same training philosophy, individualized programming, and performance standards that have driven the success of YMP's Combine program in Tampa.

As part of the expansion, **Will Hitzelberger of SPECTRUM Performance will join the Yo Murphy Performance team as Head Director of Combine Performance - Orlando, after a successful pilot class in 2026.** Hitzelberger will work alongside Yo Murphy, YMP Performance President, to lead the Orlando program and bring YMP's established approach to Combine preparation to athletes throughout Central Florida and beyond.



FOR MORE INFO
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INDIVIDUALIZED COMBINE PREPARATION

At YMP, **Combine training is not a one-size-fits-all program**. Each athlete enters preparation with different movement qualities, physical strengths, technical needs, positional demands, and evaluation timelines. YMP uses athlete testing, coaching evaluation, and ongoing performance data to **build programming around the specific athlete** rather than forcing every prospect into the same training model.

The Orlando program will bring this same individualized approach to every aspect of preparation, including speed and movement development, 40-yard dash mechanics, Combine drill preparation, strength and power development, position-specific skill work, performance testing, recovery, and athlete management.

Testing and performance analysis allow coaches to identify where an athlete can make the greatest improvements and continually adjust programming throughout the training process.

BUILT FOR COMBINE & PRO DAY ATHLETES

The Orlando location will also provide **increased flexibility for athletes whose evaluation schedules extend beyond the NFL Combine**.

Flexible sliding start and end dates allow Pro Day athletes to train according to their individual school schedules without sacrificing valuable preparation time or training quality. Whether an athlete is preparing for Indianapolis, a school Pro Day, or both, the goal remains the same: arrive at every evaluation prepared to perform at their highest level.

ONE YMP STANDARD. TWO TRAINING OPPORTUNITIES.

The expansion into Orlando represents the next step in the growth of Yo Murphy Performance's NFL Combine program.

By bringing YMP's established system to an additional location, more athletes will have access to individualized Combine preparation while maintaining the coaching, programming, attention to detail, and performance standards associated with the YMP name.



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